

## Ultrasonic fat cavitation

### Pre & Post-Op Instructions:

#### Pre-treatment info:

**Patients who are NOT candidates for this treatment**

- No one under the age of 18
- A patient who is pregnant or nursing
- Women who are menstruating
- Wound or skin infections on treated area
- Heart disease
- Circulatory insufficiency
- Liver disease
- Phelbitis
- Severe hypertension
- Neoplastic processes
- Application of noble organs (ovaries, heart, head)
- Carrying underlying metal stents
- An Epileptic patient
- Diabetic Patient
- High blood cholesterol that is not controlled
- Kidney problems
- Dyslipidemia
- For optimal results- patients cannot be more than 20lbs overweight

#### Day before treatment:

Make sure you are hydrated by increasing your water intake – no less than 2 liters.

Limit your caffeine intake.

#### Post-treatment info:

**Normal activity can be resumed**

- No caffeine (tea, coffee or coke) for at least 48 hrs post treatment.
- No alcohol (your liver is working to rid your body of extra fat) for at least 48 hrs post treatment.
- Drink lots of water to help speed up secretion of fat – no less than 2 liters.
- Avoid fatty meals directly after (ie: fried food).
- To maintain results, patient must be compliant with a proper diet and increased physical activity.